Online Training: Assessing the Built Environment for Physical Activity

What is it?

The Online Training for Assessing the Built Environment for Physical Activity is an introductory course to learn how to assess streetscapes, parks and trails for physical activity. The course is geared towards researchers, practitioners and anyone else with an interest in learning how to conduct audits of the built environment. Participants will learn about the main variables found in most physical activity-focused built environment audit tools, with a more in-depth look at a few specific tools (IMI, ANC, PEDS, PARA, EAPRS & PEAT). The participants will also learn how to customize the tools and train others to conduct assessments.

How much does it cost?

The online training is free.

How long does it take?

Participants choose which modules they wish to complete and work at their own pace. If all 14 modules are completed, the course should take about four hours.

For more information or to register, visit our website and click on online training: www.med.upenn.edu/beat

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